

Mason City Mohawk 7th Grade Girls Track and Field Records

Shot Put	Beckie Holdiman	1992	30'0"
	Heather Westendorf	1987	
Discus	Beckie Holdiman	1992	83'9"
Long Jump	Taylor Sgontz	2005	15' ½"
High Jump	Erin Richards	1993	4'8"
	Katie Austin	1988	
	Danielle Davis	2008	
1500m run	Jadda Buckley	2008	5:25.95
Shuttle Hurdle Relay (7 flight)	Sharla Brunsvold, Jordan Jackson, Patience Halfpap, Jahnya Schinagel	2010	57.34
Shuttle Hurdle Relay (10 flight)	Kayla Alexander, Bailey Baker, Katie Voortman, Jenni King	2011	1:21.31
100m dash	Kendall Cornick	2010	13.49
1600m medley	Brooke Stecker, Jordyn Tobin, Katlyn Hegtvedt, Taylor Sgontz	2005	4:56.00
400m dash	Olivia Pedersen	2011	1:04.67
4x200m relay	Heather Hines, Cortni Rush, Morgan Vorba, Nicole Hewett	2008	1:59.60
7 flight hurdles	Robyn Rourke	2002	12.84
100m hurdles	Jenni King	2011	17.87
200m dash	Kendall Cornick	2010	27.75
800m run	Katie Penn	2009	2:37.00
200m hurdles	Morgan Vorba	2008	32.15
800m medley	Rachel Danielson, Jenni King, Bailey Baker, Makenzie Meyer	2011	2:07.32
4x100m relay	Rachel Danielson, Jenni King, Bailey Baker, Makenzie Meyer	2011	56.70
4x400m relay	Nicole Hewett, Cortni Rush, Danielle Davis, Jadda Buckley	2008	4:38.23
4x800m relay	Nicole Hewett, Cortni Rush, Danielle Davis, Jadda Buckley	2008	10:51.50

*The 7 flight hurdles and the 7 flight shuttle hurdle relay were discontinued after the 2010 season and replaced with the 10 flight shuttle and the 100m hurdles.