

Dodger Girls Relays - 4/16/2010

Fort Dodge

Team Rankings - Through Event 36

Female Team Scores

Place	School		Points
1	Waukee	WKE	177
2	Webster City	WC	92
3	St. Edmond	STED	88
4	Fort Dodge Dodgers	FDSH	82
5	Mason City	MSNC	70
6	Boone	BOON	47
7	Roland-Story	ROST	32
8	Humboldt Girls	HUMB	29
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Total			617.00

Dodger Girls Relays - 4/16/2010

Fort Dodge

Results

Girls 100 Meter Dash Varsity

LaneName	Team	Finals
Finals		
1 Pruismann, Mikaela	WC	12.55
2 Hoeg, Morgan	WKE	13.13
3 Cavanaugh, Katy	WKE	13.20
4 Loyd, Danesha	FDSH	13.59
5 Lentsch, Hannah	STED	13.61
6 Augustine, Libby	STED	13.75
7 Hagedorn, Rachel	ROST	13.81
8 Camenisch, Bailey	BOON	13.87
9 Johnson, Becca	HUMB	14.00
10 Bahls, Julia	MSNC	14.13
11 Riesberg, Alyson	ROST	14.29
12 Johnson, Hailey	WC	14.36
13 Cruse, Kali	MSNC	14.49
14 Norris, Jenna	BOON	14.76
15 Oleson, Amanda	HUMB	14.87

Girls 200 Meter Dash Varsity

LaneName	Team	Finals
Finals		
1 Pruismann, Mikaela	WC	25.90
2 Hindt, Emily	STED	26.73
3 Schneider, Kaci	WKE	26.78
4 Officer, Taylor	WKE	27.15
5 Drzycimski, Emma	STED	28.13
6 Kibbee, Cami	MSNC	28.50
7 Oleson, Abbey	HUMB	28.89
8 Hammes, Lindsay	ROST	29.29
9 Altman, Paige	FDSH	29.90
10 Heinrichs, Nicole	WC	30.00
11 Shillington, Christine	HUMB	31.35
12 Proksch, Morgan	BOON	31.43
13 Sheahan, Ali	ROST	31.70

Girls 400 Meter Dash Varsity

LaneName	Team	Finals
Finals		
1 Pruismann, Mikaela	WC	1:00.27
2 Tobin, Emily	WKE	1:02.03
3 Doyle, Theresa	STED	1:02.25
4 Kibbee, Cami	MSNC	1:02.34
5 Woods, Taylor	WKE	1:05.96
6 Hilsabeck, Bailey	BOON	1:07.04
7 Shroyer, Melissa	FDSH	1:08.30
8 Kehoe, Katlin	WC	1:09.11
9 Bailey, Courtney	HUMB	1:09.12
10 Jensen, Kaitlyn	HUMB	1:12.47
11 Tryon, Nicole	ROST	1:13.15
12 Heifner, Tiffany	ROST	1:14.03
13 Slyvester, Keya	MSNC	1:15.93

Girls 800 Meter Run Varsity

Name	Team	Finals
Finals		
1 Rush, Cortni	MSNC	2:26.85
2 Shryack, Megan	WKE	2:28.66
3 Nelson, Katie	WKE	2:31.61
4 Savery, Sam	STED	2:35.78
5 Wagner, Breanne	WC	2:39.60
6 Morris, Jenna	ROST	2:39.71
7 Nagel, Alison	STED	2:46.03
8 Fevold, Katie	HUMB	2:48.58
9 Kasperbauer, Bryanne	FDSH	2:49.30
10 Gainer, Anna	BOON	2:51.44
--- Slight, Makenna	BOON	NT
--- Just, Erica	WC	NT
--- Beck, Danielle	ROST	NT
--- Bornhofs, Alissa	HUMB	NT
--- Hock, Paige	HUMB	NT

Girls 1500 Meter Run Varsity

Name	Team	Finals
Finals		
1 Jackson, Tara	FDSH	5:22.70
2 Rush, Cortni	MSNC	5:26.50
3 Scheve, Zoe	WKE	5:28.84
4 Hock, Paige	HUMB	5:31.87
5 Moline, Morgan	WC	5:32.46
6 Boehm, Brianna	BOON	5:33.03
7 Miller, Nicole	BOON	5:33.81
8 Anderson, Kylie	ROST	5:42.83
--- Dodge, Brittney	WC	NT
--- Aunan, Callie	WKE	NT
--- Perin, Sarah	WC	NT
--- Lennon, Samantha	FDSH	NT
--- Flaherty, McKenzie	STED	NT
--- Keech, Mariah	ROST	NT
--- Fevold, Allie	HUMB	NT
--- Peed, Lexi	STED	NT

Girls 3000 Meter Run Varsity

Name	Team	Finals
Finals		
1 Hozer, Paige	HUMB	11:27.16
2 Swanson, Natasha	BOON	11:31.10
3 Thompson, Krista	FDSH	11:35.70
4 DeWitt, Hannah	MSNC	12:16.60
5 Anderson, Kylie	ROST	12:16.90
6 Lennon, Samantha	FDSH	12:26.67
7 Allison, Avery	WKE	13:07.20
8 McMahon, Meredith	WKE	13:55.23

Girls 100 Meter Hurdles Varsity

LaneName	Team	Finals
Finals		
1 Hogg, Megan	WKE	16.13
2 Maharry, Maddie	WC	16.26

3 Zinnel, Sarah	BOON	1
4 Sanchez, Brittani	MSNC	1
5 Nuehring, Jewel	WC	1
6 Watnem, Trinity	HUMB	1
7 Lee, Mary	ROST	1
8 Staton, Ashley	ROST	1
9 Sanchez, Brooke	MSNC	1
10 Christopher, Heidi	HUMB	1
11 Lentsch, Alyssa	STED	1
12 Drees, Emma	WKE	1
13 Altman, Paige	FDSH	2
--- Earll, Presley	BOON	
--- O'Tool, Taryn	STED	

Girls 400 Meter Hurdles Varsity

LaneName	Team	Fi
Finals		
1 Cook, Nicole	FDSH	1:1
2 Hindt, Emily	STED	1:1
3 Iversen, Lauren	WKE	1:1
4 Borchardt, Ida	WKE	1:1
5 Carlson, Mykel	ROST	1:1
6 Myers, Kassondra	HUMB	1:1
7 Elm, Emily	WC	1:1
8 Heifner, Tiffany	ROST	1:2
9 Zinnel, Valerie	BOON	1:2
10 Villa, Lissa	WC	1:2
11 Kuyper, Jessica	HUMB	1:2

Girls 4x100 Meter Relay Varsity

Team	Relay	F
Finals		
1 St. Edmond	A	5
2 Fort Dodge Dodgers	A	5
Loyd, Danesha	Bell, Kaylee	
Newsome, Fatima	Krantz, Chelsy	
3 Waukee	A	5
4 Mason City	A	5
Sanchez, Brittani	Kibbee, Cami	
Alexander, Brea	Alitz, Autumn	
5 Webster City	A	5
Maharry, Maddie	Haren, Kelsey	
Arkland, Brittny	Nuehring, Jewel	
6 Boone	A	5
Camenisch, Bailey	McDowell, Haile	
Anderson, Makenzie	Waddy, Sam	
7 Humboldt Girls	A	5
Johnson, Becca	Watnem, Trinity	
Oleson, Amanda	Wright, Kinzie	
8 Roland-Story	A	5
Riesberg, Alyson	Tinken, Whitney	
Heifner, Tiffany	Hagedorn, Rache	

Dodger Girls Relays - 4/16/2010

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Results

Girls 4x200 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 St. Edmond	A	1:51.12
Lentsch, Hannah	Hotz, Hillary	
Drzycimski, Emma	Hindt, Emily	
2 Waukee	A	1:54.60
3 Fort Dodge Dodgers	A	1:55.96
Loyd, Danesha	Knutson, Mariah	
Preston, Tay	Newsome, Fatima	
4 Roland-Story	A	1:59.93
Hagedorn, Rachel	Carlson, Mykel	
Hammes, Lindsay	Kirkpatrick, Elizabeth	
5 Humboldt Girls	A	2:00.40
Oleson, Abbey	Johnson, Becca	
Wright, Kinzie	Hildreth, Zoe	
6 Mason City	A	2:01.11
Bahls, Julia	Alitz, Autumn	
Alexander, Brea	Cruse, Kali	
7 Webster City	A	2:02.55
Huntington, Kate	Gourley, Sawyer	
Johnson, Hailey	Heinrichs, Nicole	
8 Boone	A	2:05.40
Norris, Jenna	Faulkner, Tasha	
Proksch, Morgan	Sunstrom, Lynsey	

Girls 4x400 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	4:18.13
2 Webster City	A	4:27.62
Huntington, Kate	Maharry, Monica	
Elm, Emily	Peterson, Kari	
3 Fort Dodge Dodgers	A	4:28.05
Cook, Nicole	Knutson, Mariah	
Preston, Tay	Power, Jessica	
4 Roland-Story	A	4:33.93
Carlson, Mykel	Hammes, Lindsay	
Kirkpatrick, Elizabeth	Morris, Jenna	
5 St. Edmond	A	4:39.21
6 Mason City	A	4:42.61
Cruse, Kali	McCready, Jessie	
Davis, Danielle	Ficken, Katelyn	
7 Humboldt Girls	A	4:46.81
Bailey, Courtney	Bornhoft, Alissa	
Myers, Kassondra	Hildreth, Zoe	

Girls 4x800 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	10:08.87
2 Mason City	A	10:31.36
Kibbee, Cami	Crane, Chase	
Piper, Rachele	Rush, Cortni	

3 Humboldt Girls	A	11:15.37
Bornhoft, Alissa	Bailey, Courtney	
Fevold, Allie	Yoakam, Amber	
4 Webster City	A	11:18.87
Moline, Morgan	Dodge, Brittany	
Just, Erica	Kehoe, Katlin	
5 Boone	A	11:33.65
Miller, Nicole	Faulkner, Tasha	
Gainer, Anna	Slight, Makenna	
6 St. Edmond	A	11:43.65
7 Roland-Story	A	12:26.70
Beck, Danielle	Betz, Kourtney	
Soderstrum, Charlse	Keech, Mariah	
--- Humboldt Girls	B	NT
Jensen, Christina	Miller, Bailly	
Bruder, Ali	Huddleson, Clara	

Girls 800 Sprint Medley Varsity

Team	Relay	Finals
Finals		
1 Webster City	A	1:56.80
Johnson, Hailey	Gourley, Sawyer	
Peterson, Kari	Pruismann, Mikaela	
2 Waukee	A	1:57.95
3 St. Edmond	A	1:58.34
4 Fort Dodge Dodgers	A	2:00.09
Loyd, Danesha	Krantz, Chelsy	
Newsome, Fatima	Power, Jessica	
5 Boone	A	2:04.90
Camemisch, Bailey	Zinnel, Sarah	
Waddy, Sam	Hilsabeck, Bailey	
6 Roland-Story	A	2:07.63
Riesberg, Alyson	Tinken, Whitney	
Kirkpatrick, Elizabeth	Tryon, Nicole	
7 Mason City	A	2:07.90
Sanchez, Brittani	Cruse, Kali	
Bahls, Julia	Crane, Chase	
8 Humboldt Girls	A	2:11.58
Johnson, Becca	Watnem, Trinity	
Oleson, Amanda	Christopher, Heidi	

Girls Distance Medley Varsity

Team	Relay	Finals
Finals		
1 Fort Dodge Dodgers	A	4:32.29
Newsome, Fatima	Wilson, Tiyesha	
Schwendemann, Sara	Power, Jessica	
2 Waukee	A	4:37.36
3 Roland-Story	A	4:39.55
Carlson, Mykel	Hammes, Lindsay	
Kirkpatrick, Elizabeth	Morris, Jenna	
4 Webster City	A	4:42.84
Huntington, Kate	Gourley, Sawyer	
Peterson, Kari	Wagner, Breanne	
5 Boone	A	4:49.92
McDowell, Hailey	Waddy, Sam	
Zinnel, Valerie	Boehm, Brianna	

6 Humboldt Girls	A	4:53.84
Oleson, Abbey	Hildreth, Zoe	
Wright, Kinzie	Fevold, Katie	
7 Mason City	A	4:56.42
Bahls, Julia	Alitz, Autumn	
Ficken, Katelyn	Crane, Chase	

Girls 4x100 Meter Shuttle Hurdle Varsity

Lane/Team	Relay	Finals
Finals		
1 Waukee	A	1:08.94
2 Webster City	A	1:12.80
Haren, Kelsey	Arkland, Brittany	
Nuehring, Jewel	Maharry, Maddie	
3 Boone	A	1:15.15
Sunstrom, Lynsey	McDowell, Hailey	
Earl, Presley	Zinnel, Sarah	
4 Roland-Story	A	1:15.32
Riesberg, Alyson	Staton, Ashley	
Riesberg, Cortney	Lee, Mary	
5 Humboldt Girls	A	1:16.56
Myers, Kassondra	Kuyper, Jessica	
Christopher, Heidi	Watnem, Trinity	
6 Mason City	A	1:18.44
Sanchez, Brittani	Stecker, Brooke	
Hines, Heather	Jurgena, Mariah	
--- Fort Dodge Dodgers	A	DQ
Altman, Paige	Cook, Nicole	
Newsome, Fatima	Kloss, Brianna	
--- Waukee	B	X1:14.57

Girls High Jump Varsity

Name	Team	Prelims
Preliminaries		
1 Alitz, Autumn	MSNC	5-02.00q
2 Wilson, Tiyesha	FDSH	5-01.00q
2 Hotz, Hillary	STED	5-01.00q
4 Seemuth, Allie	WKE	4-08.00q
5 Alexander, Brea	MSNC	J4-08.00q
6 Nestingen, Amy	WKE	4-06.00q
7 Heinrichs, Nicole	WC	J4-06.00q
8 Gourley, Sawyer	WC	4-04.00q
8 Renaud, Amber	ROST	4-04.00q
--- Sunstrom, Lynsey	BOON	NH
--- Overland, Jordan	BOON	NH
--- Tryon, Nicole	ROST	NH

Girls High Jump Varsity

Name	Team	Finals
Finals		
1 Alitz, Autumn	MSNC	5-02.00
2 Wilson, Tiyesha	FDSH	5-01.00
2 Hotz, Hillary	STED	5-01.00
4 Seemuth, Allie	WKE	4-08.00
5 Alexander, Brea	MSNC	J4-08.00
6 Nestingen, Amy	WKE	4-06.00
--- Heinrichs, Nicole	WC	NH

Dodger Girls Relays - 4/16/2010

Fort Dodge

Results

Finals ... (Girls High Jump Varsity)

---	Gourley, Sawyer	WC	NH
---	Sunstrom, Lynsey	BOON	NH
---	Overland, Jordan	BOON	NH
---	Renaud, Amber	ROST	NH
---	Tryon, Nicole	ROST	NH

Girls Long Jump Varsity

Name	Team	Finals
Finals		
1	Peterson, Kari	WC 15-07.50
2	Cunningham, Alyssa	WKE 15-06.00
2	Augustine, Libby	STED 15-06.00
4	Drees, Emma	WKE 15-03.00
5	Hagedorn, Rachel	ROST 15-02.00
6	Maharry, Maddie	WC 15-01.00
7	Krantz, Chelsy	FDSH 14-07.75
8	Christopher, Heidi	HUMB 13-07.50
9	Faulkner, Tasha	BOON 13-01.00
10	Sudbeck, Paxton	ROST 12-05.00
11	Alexander, Brea	MSNC 11-06.50

Girls Shot Put Varsity

Name	Team	Finals
Finals		
1	Cortes, Maria	WKE 36-00.00
2	Nagel, Alison	STED 33-07.00
3	Weber, Lauren	BOON 32-09.50
4	Oliver, Maddie	ROST 31-07.00
5	Darling, Denise	HUMB 31-03.00
6	Tompkins, Claire	WC 31-02.00
7	Hansen, Jill	BOON 28-08.75
8	Pappas, Cassie	MSNC 28-04.50
9	Burns, Rachel	WKE 28-02.00
10	Holdgrafer, Katie	WC 26-11.50
11	Harvey, Lydia	STED 26-03.50
12	Lane, Erica	HUMB 25-04.50
13	Nielsen, Kayla	ROST 24-08.75
14	Ries, Audrey	MSNC 24-06.75
15	Flogstad, Searra	FDSH 24-01.50

Girls Discus Throw Varsity

Name	Team	Finals
Finals		
1	Burns, Rachel	WKE 110-04.50
2	Riordan, Chelsea	BOON 98-03
3	Nagel, Alison	STED 97-09.50
4	Weber, Lauren	BOON 93-01
5	Nielsen, Kayla	ROST 91-10
6	Cortes, Maria	WKE 91-02
7	Kantak, Jessica	WC 87-08
8	Pappas, Cassie	MSNC 83-09.50
9	Lane, Erica	HUMB 81-08.50
10	Oliver, Maddie	ROST 80-03
11	Vorrie, Hanna	FDSH 79-04
12	Constable, Noel	FDSH 74-03.50

13	Ricklefs, Kassie	WC	70-04.50
14	Ries, Audrey	MSNC	70-00
15	Nagel, Alyssa	STED	68-02.50
16	Darling, Denise	HUMB	64-00.50

Girls 100 Meter Dash Junior Varsity

Lane	Name	Team	Finals
Finals			
1	Heider, Erika	STED	14.16
2	Hauck, Kaylee	WKE	14.49
3	Nesting, Amy	WKE	14.53
4	Lane, Erica	HUMB	14.96
5	Schultz, Meagan	MSNC	14.97
6	Jacobson, Emily	BOON	15.20
7	Peterson, Alexis	FDSH	15.24
8	Hanson, Shaila	FDSH	15.86
9	King, Paxton	HUMB	16.34
10	McCabe, Alyssa	BOON	16.36

Girls 200 Meter Dash Junior Varsity

Lane	Name	Team	Finals
Finals			
1	McCready, Jessie	MSNC	28.91
2	Paschke, Kelsey	FDSH	30.23
3	Bocken, Katy	STED	31.15
4	Davis, Danielle	MSNC	31.37
5	Johnson, Kelli	HUMB	32.25
6	Bielke, Shelby	HUMB	32.43
7	Peterson, Alexis	FDSH	32.83
8	Hinton, Jenny	FDSH	33.49
9	Lanstrum, Samantha	BOON	34.59
10	McCabe, Alyssa	BOON	36.06
11	McBride, Ashley	FDSH	36.18
12	VanWey, Madison	WKE	36.60

Girls 400 Meter Dash Junior Varsity

Lane	Name	Team	Finals
Finals			
1	McCready, Jessie	MSNC	1:09.53
2	Rouw, Abi	WKE	1:15.20
3	Barnes, Amanda	WKE	1:15.86
4	Kloss, Brianna	FDSH	1:16.21
5	Miller, Bailly	HUMB	1:16.46
6	Betz, Kourtney	ROST	1:16.48
7	Soderstrum, Charlse	ROST	1:16.62
8	Jensen, Christina	HUMB	1:17.81
9	Linderman, Racheal	MSNC	1:21.12

Girls 800 Meter Run Junior Varsity

Name	Team	Finals
Finals		
1	Jessen, Leah	WKE 2:52.50
2	Yoakam, Amber	HUMB 2:54.59
3	Cunningham, Alyssa	WKE 2:54.70
4	Patchen, Erin	MSNC 2:57.52
5	Jensen, Christina	HUMB 2:59.80

7	Peed, Lexi	STED	3:00.62
8	Mosness, Jaden	ROST	3:17.63
9	Border, Danielle	FDSH	3:20.81
10	Hernandez, Jonica	MSNC	3:22.68
11	Glaser, Rachel	ROST	3:36.81

Girls 1500 Meter Run Junior Varsity

Name	Team	Finals
Finals		
1	Horras, Ainslie	WKE 5:44.07
2	Piper, Rachelle	MSNC 5:45.20
3	DeWitt, Hannah	MSNC 5:47.21
4	Habhab, Amberly	FDSH 5:56.09
5	Bruder, Ali	HUMB 6:16.00
6	Huddleson, Clara	HUMB 6:17.72
7	Carlson, Rachel	WKE 6:20.31

Girls 3000 Meter Run Junior Varsity

Name	Team	Finals
Finals		
1	Habhab, Amberly	FDSH 13:02.32
2	Patchen, Erin	MSNC 13:04.66
3	Laughead, Killy	WKE 14:42.59
4	Hernandez, Jonica	MSNC 16:19.25

Girls 100 Meter Hurdles Junior Varsity

Lane	Name	Team	Finals
Finals			
1	Jessen, Leah	WKE	17.58
2	Kamm, Emily	WKE	18.00
3	Myers, Kassondra	HUMB	18.25
4	Kuyper, Jessica	HUMB	18.80
5	Miller, Sara	BOON	18.87
6	Hines, Heather	MSNC	19.40
7	Kloss, Brianna	FDSH	22.32
---	Shaw, Malinda	MSNC	NT
---	Riesberg, Cortney	ROST	NT

Girls 400 Meter Hurdles Junior Varsity

Name	Team	Finals
Finals		
1	Seemuth, Allie	WKE 1:20.40
2	Sill, Ashley	WKE 1:22.90
3	Jurgena, Mariah	MSNC 1:31.30

Girls 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1	Fort Dodge Dodgers	B 57.24
	Nissen, Lynn	Wieberg, Kassie
	Hanson, Shaila	Paschke, Kelsey
2	Roland-Story	B 58.32
	Sudbeck, Paxton	Lee, Mary
	Nielsen, Kayla	Staton, Ashley
3	St. Edmond	B 58.65

Dodger Girls Relays - 4/16/2010

Fort Dodge

Results

Finals ... (Girls 4x100 Meter Relay Junior Varsity)

Team	Relay	Finals
4 Mason City	B	59.05
Hines, Heather	Schultz, Meagan	
Wasicek, Alexa	Corcoran, Katelyn	
5 Waukee	B	1:02.12
6 Humboldt Girls	B	1:02.94
Smelser, Cassie	King, Paxton	
Schade, Ashley	Lane, Erica	
7 Boone	B	1:04.88
Overland, Jordan	Proksch, Morgan	
McCabe, Alyssa	Lanstrum, Samantha	
8 Webster City	B	1:05.30
Mallinger, Kelsey	Mallinger, Crena	
Hartley, Andrea	Struchen, Cortney	

Girls 4x200 Meter Relay Junior Varsity

Team	Relay	Finals
1 St. Edmond	B	2:01.03
2 Waukee	B	2:03.23
3 Mason City	B	2:04.65
Schultz, Meagan	Wasicek, Alexa	
Davis, Danielle	Corcoran, Katelyn	
4 Fort Dodge Dodgers	B	2:05.38
Nissen, Lynn	Wieberg, Kassie	
McBride, Ashley	Hanson, Shaila	
5 Roland-Story	B	2:06.71
Sudbeck, Paxton	Sheahan, Ali	
Nielsen, Kayla	Riesberg, Cortney	
6 Humboldt Girls	B	2:10.86
Shillington, Christine	Weydert, Taylor	
Schade, Ashley	Johnson, Kelli	
7 Webster City	B	2:18.84
Mallinger, Kelsey	Mallinger, Crena	
Struchen, Cortney	Bergman, Bailey	

Girls 4x400 Meter Relay Junior Varsity

Team	Relay	Finals
1 Waukee	B	4:33.55
2 Webster City	B	4:54.90
Dodge, Brittney	Villa, Lissa	
Just, Erica	Bergman, Bailey	
3 Roland-Story	B	5:04.34
Sheahan, Ali	Betz, Kourtney	
Beck, Danielle	Soderstrum, Charlseal	
4 Mason City	B	5:09.07
Linderman, Racheal	Sylvester, Keya	
Hernandez, Jonica	Patchen, Erin	

Girls 4x800 Meter Relay Junior Varsity

Team	Relay	Finals
1 Mason City	B	11:24.75
Ficken, Katelyn	Davis, Danielle	
Sylvester, Keya	Linderman, Racheal	

--- Waukee B NT

7 Wasicek, Alexa MSNC 11-00

Girls 800 Sprint Medley Junior Varsity

Team	Relay	Finals
1 Waukee	B	2:05.50
2 Fort Dodge Dodgers	B	2:08.36
Nissen, Lynn	Espinoza, Teanna	
Elsbecker, Chloe	Paschke, Kelsey	
3 Roland-Story	B	2:13.62
Sudbeck, Paxton	Sheahan, Ali	
Staton, Ashley	Renaud, Amber	
4 Humboldt Girls	B	2:16.00
Bielke, Shelby	Smelser, Cassie	
Jensen, Kaitlyn	Johnson, Kelli	
5 Mason City	B	2:17.30
Hines, Heather	Schultz, Meagan	
Corcoran, Katelyn	Wasicek, Alexa	
6 Boone	B	2:19.33
Overland, Jordan	Kramer, Jessica	
Jacobson, Emily	Miller, Sara	
7 Webster City	B	2:20.27
Mallinger, Kelsey	Mallinger, Crena	
Struchen, Cortney	Just, Erica	

Girls Distance Medley Junior Varsity

Team	Relay	Finals
1 Waukee	B	4:53.56
2 Fort Dodge Dodgers	A	4:59.27
3 Humboldt Girls	B	5:24.65
Bielke, Shelby	Smelser, Cassie	
Schmitt, Alyssa	Kuyper, Jessica	
4 Boone	B	5:37.56
Miller, Sara	Overland, Jordan	
Kramer, Jessica	Sandrock, Kurtlyn	
5 Webster City	B	15:19.34
Mallinger, Kelsey	Mallinger, Crena	
Elm, Emily	Just, Megan	

Girls High Jump Junior Varsity

Name	Team	Finals
1 Corcoran, Katelyn	MSNC	4-04.00
1 Steiner, Madeline	WKE	4-04.00
1 Cook, Nicole	FDSH	4-04.00
--- Housholder, Kristin	WKE	NH

Girls Long Jump Junior Varsity

Name	Team	Prelims
Preliminaries		
1 Bell, Kaylee	FDSH	13-06.00q
2 Borchardt, Ida	WKE	13-04.50q
3 Paschke, Kelsey	FDSH	12-06.25q
4 Iversen, Lauren	WKE	12-05.25q
5 Ficken, Katelyn	MSNC	11-08.00q
6 Lanstrum, Samantha	BOON	11-03.25q

Girls Shot Put Junior Varsity

Name	Team	Finals
1 Kenworthy, Hannah	FDSH	26-00
2 Cady, Alyssa	WKE	25-00
3 Blunk, Tacie	BOON	24-00
4 Zarkowski, Katlyne	WKE	23-10
5 Egar, Jennifer	FDSH	23-10
6 King, Paxton	HUMB	22-00
7 Hartley, Andrea	WC	22-00
8 Foss, Maggie	ROST	22-00
9 Zinnel, Ashley	HUMB	21-00
10 Ryherd, Jan	WC	21-00
11 Jurgena, Mariah	MSNC	20-10
12 Smith, Dallas	FDSH	20-00
13 Glaser, Rachel	ROST	19-00

Girls Discus Throw Junior Varsity

Name	Team	Finals
1 Jacobson, Emily	BOON	87
2 Carlson, Zoe	WKE	75-00
3 Raile, Victoria	FDSH	75-00
4 Stephan, Aspen	FDSH	73
5 Schade, Ashley	HUMB	72-00
6 Zarkowski, Katlyne	WKE	70-00
7 Norris, Jenna	BOON	70
8 Hartley, Andrea	WC	59
9 Foss, Maggie	ROST	58
10 Zinnel, Ashley	HUMB	54
11 Jurgena, Mariah	MSNC	47
12 Mosness, Jaden	ROST	40