



Join Us For The

"4th Annual Spooky Scamper"



What: 5K Run/Walk and Kids 1 Mile Fun Run (grades K-6). A fundraiser for MCHS Boys' XC and Girls Track.

When: Saturday, October 24, 2015 – 5:30p.m. kids run // 6:00p.m. 5K run/walk

Where: Races begin at Mason City High School (east parking lot) and end in Mohawk Stadium.

COST: Pre-Registration: \$25.00 for 5K Run/Walk, cost includes a Spooky Scamper t-shirt, beverages, and food. Registration deadline—October 14, 2015 at 10:00pm
Late Registration/Walk-Up Entries: \$30.00, t-shirt not guaranteed.

\$5.00 for Kids 1 Mile Fun Run, cost includes tricks-treats, water, and food. No late fees for kids run.
***If you would like to order a t-shirt for your child, cost is additional \$10. Total would be \$15.00.**

Notes:

- *Costumes are highly encouraged for all races! Awards given for best costumes.
- *T-shirt/bib number pick-up & race day entries will be in MCHS gym lobby before the races.
- *5K route incorporates trail, road, and all-weather track surfaces.
- *Strollers are welcome. Please no pets, bicycles, or skates of any kind.
- *Spectators may watch runners/walkers finish inside Mohawk Stadium.
- *Proceeds to benefit MCHS boys cross-country and girls track and field programs.
- *Official timing and results provided by *Wayzata Results*. Course lighting provided by *Ziegler Cat* of Mason City.
- *5K divisions for male & female participants: 15 & under, 16-19, 20-29, 30-39, 40-49, 50-59, 60 and over.
- *Awards for 1st, 2nd, & 3rd place finishers in each division.
- *Food, beverages, and award presentation in MCHS gym lobby shortly after the 5K.

Register online at www.mohawktrack.com by clicking the spooky scamper link or mail in the entry form below with payment. Additional registration forms can be found at www.mohawktrack.com as well. Registration closes on Wed. Oct. 14th @ 10pm.

Questions can be directed to Jim Lee at jilee@masoncityschools.org or Tyler Ketelsen at tketelsen@masoncityschools.org.

Mail in Registration Option Below:

Name _____ Birthdate _____ Gender M—F Race entering (circle one)- 1 mile fun run / 5K

Address _____ City _____ State _____ Zip Code _____ Phone _____

Adult t-shirt size (included in 5K registration fee): S---M---L---XL---XXL Youth t-shirt (if ordering): XS---S---M---L (\$10 extra)

Age on race day _____ Email _____ Total Amount Enclosed \$ _____

Please mail registration forms to:
Spooky Scamper Fun Run/5K
205 Red Fox Ct.
Mason City, Iowa 50401

**Please make checks out to: Mason City Mohawk Girls Track and Field*

***Please sign & mail the waiver form in addition to registration & money. Waiver is on reverse side (pg. 2). Thanks!**

Waiver of Liability

I certify to the best of my knowledge that I am physically fit and have no medical condition that could likely worsen by participation in this event. I am fully aware and assume all risks associated with participating in this event. I understand that the race is run on Mason City Community Schools property and that participation could be hazardous. In consideration of the sponsors accepting my entry, I, the above undersigned, intending to be legally bound hereby for myself, my heirs, my executors, and administrators, contractually waive and release any and all rights and claims for the damages I may suffer or which may arise against any or all sponsors including, but not limited to, The Mason City Community School District, for any and all injuries occurring by reason of the negligent acts or omissions of the sponsor, or otherwise, from claims or damages suffered by me or to my property arising about of or in connection with this event. I understand there are no refunds for this event.

Signed _____

Date _____